



## Durga Amritvani

Mangal mai bhya mochini, Durga sukh ki khaan  
Jiske charno ki sudha, Swayam piye bhagwaan  
Dukh nashak sanjeevani, Nav durga ka paath  
Jisase banta bhikshu kabhi, Duniya ka samrat  
    Ambar divya swarupani, Kaye so prakash  
    Prithvi jisase jyotirmay, Ujawal hai aakash  
    Durga param sanatani, Jag ke sirjan haar  
    Aadi bhawaani maha devi, Shristi ka aadhaar  
        Jai jai durge maa

Sad marg pradarshini, Nyan ka ye updesh  
Man se karta jo manna, Usake kate kalesh  
Jo bhi vipatti kaal mein, Kare ri durga jaap  
Puran ho man kamna, Bhage dukh santap  
    Utpan karta vishv ki, Shakti aprampar  
    Iska archan jo kare, Bhav se utre paar  
    Durga sok vinashini, Mamta ka hai roop  
    Sati satvi satvanti, Sukh ke kala anup  
        Jai jai durge maa

Vishnu brahma rudra bhi, Durga ke hai adheen  
Buddhi vidya vardhani, Sarva siddhi praveen  
    Lakh chaurasi yoniyan, Se ye mukti de  
    Maha maya jagdambike, Jab bhi dayaa kare  
    Durga durgati nashini, Shiv vahini shukhkar  
    Ved mata ye gayatri, Sabke palanhar  
    Sada surakshit wo jan hai, Jis par maa ka haath

Vikat dagariya pe usaki, Kabhi na bigde baat  
Jai jai durge maa

Maha gauri vardayini, Maiya dukh nidaar  
Shiv duti brahamcharini, karti jag kalyan  
Sankat harni bhagwati, Ki tu mala pher  
Chinta sakal mitayegi, Ghadi lage na der  
Paras charnan durga ke, Jhuk jhuk matha tek  
Sona lohe ko kare, Adbhut kautak dek  
Bhavtarak parmeshwari, Leen kare anant  
Isake vandan bhajan se, Paapo ka ho ant  
Jai jai durge maa

## Durga Amritavani

### *Parte 2*

Durga maa dukh harne waali, Mangal mangal karne wali Bhay ke sarp ko marne wali, Bhav needhi se jag taarne wali

Atyachar pakhand ki damni, Ved purano ki ye janani Daitya hi abhiman ke mare, Deen heen ke kaaj sanwaare

Sarv kalaon ki ye malik, Sarnagat dhan heen ki palak Ichchhit var pradan hai karti, Har mushkil aasan hai karti

Dhyamari ho har bhram mitave, kan kan bhitar kala dikhaye Kare asambhav ko ye sambhav, Dhan dhanya or deti vaibhav

Maha siddhi maha yogini mata, Mahisa sur ki mardini mata Puri kare har man ki asha, Jag hai iska khel tamasha

Jai durga jai jai damyanti, Jeevan dayini ye hi jayanti Ye hi savitri ye koukari, Maha vidya ye karo upkari

Siddh manorath sabke karti, Bhakt jano ke sankat harti Vish ko amrit karti pal mein, Yehi tairati patthar jal mein

Iski karuna jab hai hoti, Maati ka kan banta moti Patjhad mein ye phool khilaave, Andhiyare mein jyot jalaave

Vedon mein varnit mahima iski, Aisi sobha or hai kisaki Ye narayani ye hi jwaala, Japiye iske naam ki mala

Ye hi hai sukeshwari mata, Iska vandan kare vidhaata Pag pankaj ki dhuli chandan, Iska dev kare abhinandan

Jagdamba jagdiswari, Durga dayaa nidhaan Iski karuna se bane, Nirdhan bhi dhanwaan

Chhin masta jab rang dikhaave, Bhagyheen ke bhagya jagaave Siddhi daati aadi bhawaani, Isko sewat hai brahm gyaani.

Shail sutama sahkti saala, Iska har ek khel niraala Jis par hove anugrah iska, Kabhi amangal ho na uska  
Iski dayaa ke pankh lagaa kar, Ambar chhute hain kayi chaakar Rayi ye hi parwat karti, Gaagar mein hai  
saagar bharti

Iske kabze jag ka sab hai, Shakti ke bin shiv bhi sav hai Shakti hi hain shiv ki maya, Shakti ne bramhand  
rachaaya

Is sakti ka sadhak banana, Nisthawan upasak banna Pushpanda bhi naam hai isaka, Kan kan mein hai ghaam  
isaka

Durga maa prakaas swaroopa, Jap tap gyaan tapasya roopa Man mein jyot jala lo isaki, Saachi lagan lagaa lo  
iski

Kaal raatri ye maha maya, Shridhar ke sir iski chhaya Iski mamta pawan jhula, Jisko dhyanu bhakt na bhula  
Iska chintan chinta harta, Bhakto ke bhandar hai bharta Sanson ka sur mandal chhedo, Nav durga se muh  
na modo

Chandra ghanta katyayani, Maha dayalu maa shiwani Iski bhakti kasht niware, Bhav sindhu se paar utaare  
Agmanant agochar maiya, Sheetal madhukar iski chhaiya Shristi ka hai mul bhawaani, Ise kabhi na bhulo  
praani

Durga maa prakas swaroopa, Jap tap gyan tapsya roopa Man mein jyot jala lo isaki, Sachi lagan lagaa lo isaki  
Durga ki kar sadhana, man mein rakh vishwash Jo magoge paoge

## Angela Martinelli

Facilitatrice di Percorsi Evolutivi  
Counselor Creativo Sistemico Relazionale

Access Consciousness® CFMW  
The Body Awakening - Trattamento con oli sul corpo  
Body Power Chants - Energetic Bodywork  
Access Bars®, Energetic Facelift e Body Process  
ESSE - Energetic Synthesis of Structural Embodiment for Bodies™  
Symphony of Possibilities  
Acoustical Body Treatment  
Clearing the Abuse from the Body and the Being™ Body Process  
Costellazioni Psico-Evolutive  
Metodo TRE® - Tension & Trauma Releasing Exercises  
Ayurveda e Massaggio Ayurvedico

Phone: +39 348 1347941

[info@angelamartinelli.it](mailto:info@angelamartinelli.it) - [www.angelamartinelli.it](http://www.angelamartinelli.it)

Professionista riconosciuta ai sensi della Legge n. 4 del 14 gennaio 2013